



Gulf Coast Regional
Blood Center

For more information,
visit [giveblood.org](https://www.giveblood.org) or call
(713) 791-6608.



1400 La Concha Lane • Houston, Texas 77054



@commitforlife | [giveblood.org](https://www.giveblood.org)

General qualifications to **DONATE BLOOD**

- ✓ You must bring a valid picture ID prior to donation.
- ✓ Donors age 19 and up must weigh at least 110 pounds.
- ✓ Donors age 16 to 18 must weigh 122 pounds.
**16-year-old donors must have parental consent.*
- ✓ Potential donors must be in general good health, without any cold or flu symptoms.

**Donors must be 17 years or older to donate convalescent plasma.*

WHAT TO EXPECT

Plasma donations are made through an automated process. Automated donations allow you to selectively give a single blood component, with the remaining blood returned to you.

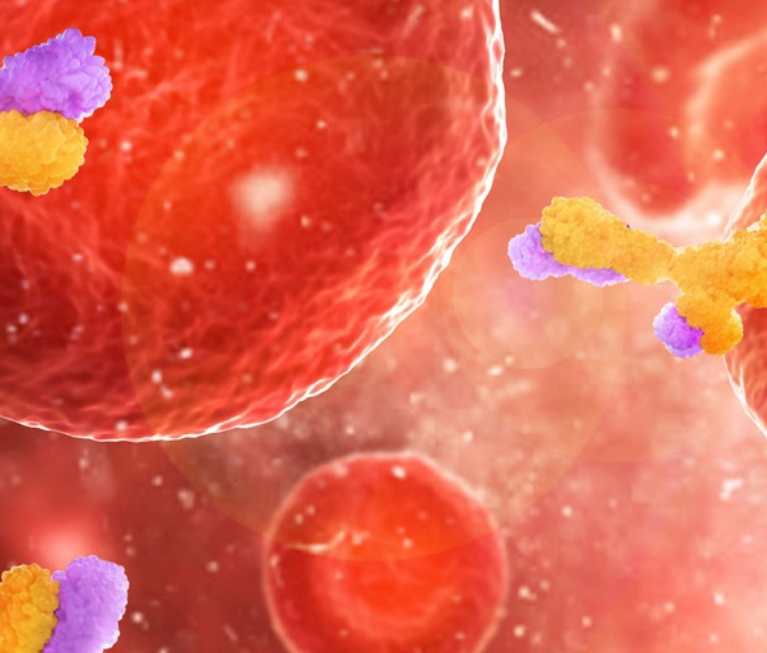


COVID-19 and Convalescent Plasma



**Recovered
from COVID-19?
You can help
others.**





What is
**CONVALESCENT
PLASMA?**

Because you fought the infection, your plasma now contains COVID-19 antibodies.

These antibodies provided one way for your immune system to fight the virus when you were sick, so your plasma may be able to help others fight off the disease.

QUALIFICATIONS

for donating convalescent plasma



Must have had a positive COVID-19 diagnosis documented or a positive antibody test.



Must have fully recovered from COVID-19, with no symptoms for at least 14 days before the donation.



Must meet all existing donor eligibility requirements.

giveblood.org



Be a hero, help others

*You can donate
convalescent plasma
and help save lives.*